

Sitges is green

Sitges goes from blue to green
in the Parc del Garraf,
a hidden gem waiting for you to visit.



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An incredible natural treasure

Behind Sitges, sheltering the town and providing it with both elevation and protection, stands the Parc del Garraf, a natural gem that almost always comes as a delightful surprise to those visiting the town for the first time. A visit to this protected park is a can't-miss experience, not only because of the area's unique landscape, but also for the views of the sea and the special Sitges way it meets the land. There's a wide range of hiking and cycling routes in the Parc del Garraf, which is also home to diverse wildlife, most notably Bonelli's eagles and wild horses. So, if you come to Sitges, don't forget about its green backyard. You'll fall in love!

The best-kept secret

When it comes to the natural areas of Barcelona and Catalonia, the Parc del Garraf is a true hidden gem. You can't miss the chance to explore it. This unspoilt Mediterranean landscape with a unique geomorphology boasts spectacular viewpoints and stunning trails where the sea is a constant backdrop. Yes, it's every bit as spectacular as what you're imagining.





A landscape overlooking the sea

Parc del Garraf is unique. We are talking about a natural park unlike any other in Catalonia. What makes Parc del Garraf so distinctive is its **karst massif** landscape, which creates low-relief terrain with rounded peaks, deep valleys, rocky cliffs and a palette of greens blended with bluish-grey stone. Yes, it is true: it does not match the classic postcard image of a natural park filled with towering trees and dense vegetation. But that is because Parc del Garraf is something entirely different... and truly wonderful (a hidden gem, perhaps — though not for much longer).

The Parc del Garraf is unique because this rolling landscape of greenery, rock and earth is accompanied everywhere by views of the sea. And that combination creates an overwhelming sense of beauty that is genuinely difficult to describe. Which is why you simply have to come and discover it for yourselves. You can explore it independently or take part in one of the many activities organised each week by the park itself.



A park with a lot to do

Then there are the guided activities. There are many different options, most of them designed to be enjoyed as a family: from children's workshops to introductory caving excursions, sailing and kayaking routes to experience the park from the sea, theatrical guided visits and much more. For information and registration, visit the [park's official website](#). And it is also highly recommended to download the [park's app](#), where you can also find information about the hunting drives mentioned earlier.

[GO TO THE PARC DEL GARRAF WEBSITE TO DISCOVER EVERYTHING YOU CAN DO](#)

Trails to discover the Parc de Garraf

Whether by bicycle or on foot, alone, as a couple, with friends or as a family, any route through Parc del Garraf offers the chance to discover this unique and distinctive natural treasure that surrounds Sitges. With its singular geomorphology, the park reveals a wild Mediterranean landscape filled with spectacular viewpoints and surprising trails. And if you look up to the sky, you may even spot a Bonelli's eagle...



CASTLES, HERMITAGES AND A BUDDHIST TEMPLE

We share 9 possible routes through Parc del Garraf so that you can enjoy not only the scenery and the views, but also the architectural heritage of the area, where you will find ancient castles, a hermitage overlooking the sea and even a Buddhist temple housed within Palau Novella, a 19th-century manor estate.

GR - SITGES - ERMITA DE LA TRINITAT

↔ 6 km — ⌚ 1 h 30' — 🏔 Medium — Mode 🚶

GR- SITGES - PALAU NOVELLA (BUDDHIST MONASTERY)

↔ 12 km — ⌚ 2 h 30' — 🏔 Medium — Mode 🚶

**GR 5 SENDER DELS MIRADORS.
FROM SITGES TO OLESA DE BONESVALLS**

↔ 17,6 km — ⌚ 4 h 50' — 🏔 Medium — Mode 🚶

GR 92 GARRAF - SITGES

↔ 16 km — ⌚ 5 h — 🏔 Medium — Mode 🚶

ROUTE AMONG VINES

↔ 3 / 5 km — ⌚ 50' / 1 h 15' — 🏔 Low — Mode 🚶

DISCOVER THESE HIKING TRAILS

Discovering the mediterranean as a family

Travelling always means learning something new. And in the case of Sitges, coming here — even for a short getaway — is a wonderful opportunity to begin discovering, or to deepen your understanding of, the Mediterranean coastline and its marine life. That is precisely what the Centre d'Estudis del Mar offers, doing so in a fun, interactive way that involves the whole family.

[VISIT CEM WEBSITE](#)

📍 Passeig Marítim, 72



A REMARKABLE BUILDING AND A FASCINATING EXHIBITION

Posidonia seagrass is the main focus of the audiovisual presentation shown at the CEM headquarters, together with the exhibition Espai Marí Costes del Garraf (“Marine Space of the Garraf Coast”). And the building itself, located right by the sea, deserves a special mention. We are talking about a Noucentista building — constructed in 1929 — and listed as Architectural Heritage by the Generalitat de Catalunya. This venue welcomes more than 12,000 visitors every year. There must be a reason for that, right? Come on, what are you waiting for? ;)

Art and nature: welcome to Vallgrassa

VISIT DE VALLGRASSA, CENTRE EXPERIMENTAL DE LES ARTS WEBSITE

📍 Cra del Rat Penat a la Plana Novella, km 7,5. Begues (Parc del Garraf)

☎ (+34) 619 567 476



Nature and art are two incomparable ways of awakening emotion. And when they come together, the result is a true “big bang” of endorphins. You can experience it for yourselves at Vallgrassa - Centre Experimental de les Arts, the experimental arts centre run by the Diputació de Barcelona (Provincial Government of Barcelona). Located in Begues, in the heart of Parc del Garraf and very close to Sitges, it is a small yet remarkable artistic space — you will see for yourselves.

A PIONEERING AND SINGULAR CENTER

This small yet remarkable artistic space hosts between 8 and 10 temporary exhibitions each year, embracing everything from more traditional disciplines such as painting, printmaking, photography, sculpture and poetry to more avant-garde forms of expression such as video art. It also features a fascinating “wall of scents”, where children’s workshops encourage boys and girls to imagine and create drawings inspired by fragrances made from extracts taken directly from Parc del Garraf itself. Poetry, music and even the Mediterranean tortoise also become creative windows through which younger visitors can discover art and nature.

CYCLING AMONG VINES

Cycling through vineyards in Sitges

[VISIT KILI SITGES WEBSITE](#) All year Various locations

Sitges can be enjoyed in many ways. But there is one that is very distinctive: by bike. The possibility of passing from the seafront promenade to the Parc del Garraf (Garraf Park) in a single pedal stroke is a stroke of luck that we don't hide and love to share. There are a thousand routes, but as an example, today we propose a low-difficulty one that mixes vineyards, wineries, castles and the sea in the background.

[DISCOVER THE ROUTE AT THIS LINK](#)



GARRAF ASTRONOMICAL OBSERVATORY

Don't know the observatory?

[VISIT PLANETARIUM GARRAF WEBSITE](#)

📍 Road from Olivella to Plana Novella, km. 3,5 — ✉ garraf@planetari.cat

There are plenty of reasons to visit the Parc del Garraf (Garraf Park). But there is one that, perhaps because it's unknown, deserves highlighting: its Astronomical Observatory. It is a complete facility that, in a unique location, offers educational and leisure sessions, perfect for going as a group, a couple or a family.

THE DOME OF THE GARRAF ASTRONOMICAL OBSERVATORY

The dome is, without doubt, the jewel in the crown of the Observatori Astronòmic del Parc del Garraf (Garraf Park Astronomical Observatory). With its telescope, it is the place where visitors can see in situ, in real time, what is there and what is happening in the starry sky. First, on the ground floor, a digital planetarium provides a detailed, educational preview of what you will later see in the dome. These visits to the planetarium and then to the dome are the main activity organised by the Observatori (Observatory). You can see dates and prices on their website . And remember that places are limited, so don't hesitate for long.

ROUTE TO THE ERMITA DE LA TRINITAT (TRINITAT CHAPEL) IN SITGES

Hiking family-friendly and colorful

📅 All year — ⌚ 3 h — 🏔️ Low

📍 Mas Alba Industrial Estate in Sitges - ↔ 7 km

We suggest you set off on foot and discover a little gem that is still very much unknown to many visitors: the Ermita de la Trinitat (Trinitat Chapel). Located in the heart of the Parc del Garraf (Garraf Park), with the sea in the background and whitewashed with Modernist details, this chapel is the perfect gift for one of the best family hiking routes that can be done in Sitges.



TWO POSSIBLE STARTING POINTS

There are two walking routes to the **Ermita de la Trinitat** (Trinitat Chapel). One from the **La Llevantina** development, with its 'starting point' at the so-called Sitges viewpoint at the highest part of the area, following the **GR92 ('Camí de les Costes')**. And another, the one we're detailing today, starting at the Mas Alba industrial estate in Sitges, from where a track sets off that you can walk along or (if going with young children) drive part of the way to the entrance of the **Parc del Garraf** (Garraf Park), or a little further on, to the area known as 'Els caçadors' (The Hunters), where you can also park the car. This second route, which also connects with the GR92, is flatter, and although we lose sea views in the first stretch, it is perfectly suitable for children of all ages

THE ERMITA DE LA TRINITAT (TRINITAT CHAPEL), THE GREAT REWARD

We look straight ahead because, an hour and a quarter after starting the route, we arrive at **Punta de la Ferrosa** (Ferroso Point), where, crowning it, we find the Ermita de la Trinitat (Trinitat Chapel). It is an ancient chapel, with documentary records dating back to 1375. Of traditional architecture and protected as a **Bien de Interés Local** (Local Cultural Asset), the surroundings make it unique. In fact, it is how children (and many adults) would draw a church: at the top of a mountain, small, white and with sea views. And to complete the spectacle, the entrance façade is covered in stone and arches, very organic and very Modernist. Very much so.



FREE-ROAMING HORSES IN THE PARC DEL GARRAF (GARRAF PARK)

Adventure with free horses in the Parc del Garraf

[VISIT FUNDACIÓ MIRANDA WEBSITE](#)

 All year —  The Parc del Garraf

The Parc del Garraf (Garraf Park) is a natural wonder, with its limestone massif and open spaces. And your senses will run wild when you add to the landscape the free-roaming horses that you might encounter at any moment. The Fundació Miranda (Miranda Foundation) organises various activities to bring people and horses together in an unforgettable adventure.

THE THRILL OF CONTACT WITH FREE-ROAMING HORSES

The Parc del Garraf (Garraf Park) is a must-visit if you come to Sitges. It is a natural spectacle that can be enjoyed at any time of year. Furthermore, during your visit you are likely to be moved by the presence of some of the 27 free-roaming horses living in the park, rescued by the Fundació Miranda (Miranda Foundation) from situations of abandonment or abuse. Additionally, this organisation runs various activities specifically aimed at showing how these animals—the only ones that fly without wings—help to transform and protect the environment in which they live.

NATURAL CONNECTION WITH THE HORSES IN THE PARC DEL GARRAF (GARRAF PARK)

To enjoy this natural connection with the horses, the Fundació Miranda (Miranda Foundation), as we mentioned, organises various activities which you can check on their website. One of them is called ‘The horses in the park’, where participants follow a route to meet these animals. It is an ideal outing for families, as it consists of a 5-kilometre circular route through one of the main equine grazing areas. Another proposal offered by the Fundació Miranda (Miranda Foundation) is ‘Chi Kung in the territory of the free horses’, where participants begin the activity with a forest bath and then go in search of the horses.

BUDDHIST MONASTERY GARRAF

A Buddhist monastery closely linked to Sitges

[VISIT THE BUDDHIST MONASTERY WEBSITE](#)

 All year

 Plana Novella Avenue, SN/

 (+34) 937 432 285 —  garraf@monjesbudistas.org



This Buddhist monastery is located just 10 kilometres from Sitges. And alongside the interest of seeing how the Sakya Tashi Ling community is organised and the services it offers, you can also visit what was once the mansion of Pere Domènech, one of the ‘americanos’ of Sitges (emigrants who returned from the Americas having made their fortune). And all with the Parc del Garraf (Garraf Park) as the backdrop. You really shouldn’t miss it.

STUPAS IN AN OLD MANSION

A Buddhist monastery with stupas in an old mansion with its Catholic chapel intact. Just for that contrast—harmonious even if it doesn’t seem so—it is worth visiting the spiritual home of the Sakya Tashi Ling community, which is open to visitors from Wednesday to Sunday, and also on public holidays. The Garraf Buddhist monastery is located in the **Palau Novella**, an estate that originally spanned 500 hectares and was owned by **Pere Domènech Graó**, one of the **famous ‘americanos’ of Sitges who made their fortune in Cuba**. Therefore, do not imagine a Buddhist monastery with Nepalese or Tibetan architecture. What you will find is a palace in Modernist and Neo-Gothic style, with its original materials and much of its original furniture, which coexist, of course, with Buddha figures, photos of the Dalai Lama or sand mandalas in glass display cases, among other elements. Beside the mansion, the estate’s chapel remains intact and can also be visited. In fact, the iconic power of the Buddhist monastery is found outside, in the Stupa of Health and Long Life. In the interior courtyard, next to the restaurant, stands another, smaller stupa, the Stupa of Wisdom.

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